

February 11

Give us this day our daily bread. (Matthew 6:11)

When we pray that our Heavenly Father will provide for us our daily bread, we don't mean we just want food for our bodies. We also want food for our hearts and minds. And we know we can obtain this spiritual food from the Bible, the Word of God. Jesus said He was the bread that came down from heaven; His words and example are the spiritual food we seek. John 6:14

Color the picture



Create a daily menu for your physical body and create a daily menu for your spiritual body.

Menu

Breakfast

Lunch

Dinner

Snack

Menu

Breakfast

Lunch

Dinner

Snack

This author bakes bread to eat. Ask your parents if you can make a loaf of bread too. Use your own recipe or you can use the recipes on this page.

If you do not have a bread machine, look in a cookbook to find a recipe you can make or ask your mom or grandmother or another family relative for their recipe.

Bread Machine White Bread

1 cup warm, not hot water

3 Tbsp vegetable oil

3 Tbsp sugar

1½ tsp salt

3 cup bread flour

2¼ tsp active dry yeast or 1 packet

Place all ingredients in the bread machine in the order listed.

Program the bread machine for the white bread cycle with your desired crust color and a 2 lb. loaf.

Once the cycle time is complete, remove the bread pan from the machine and let it cool for 5 minutes