

June 1

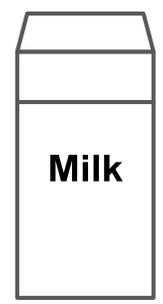
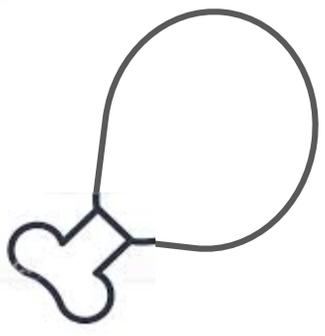
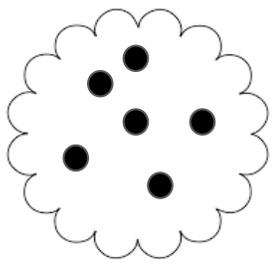
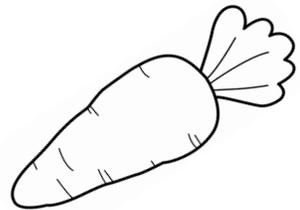
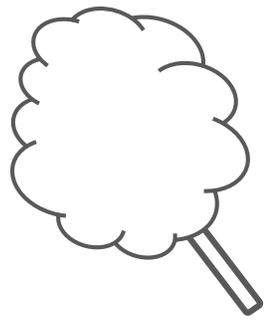
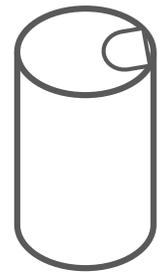
*Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.  
(1 Corinthians 10:31)*

The origin of our food and drink is not as important as what we do with the strength we receive from them. The food we eat, and the spiritual nourishment we derive in the study of the Word of God strengthen us for the task of developing our Christian characters. Matthew 5:16

*Color the picture*



Circle the healthy food with a green crayon and circle the unhealthy food with a red crayon. Can you think of 2 healthy and 2 unhealthy foods that you can draw and add to this list?



On the spoon, plate, and fork, write what you think you would need to be filled with a SPIRITUAL meal.

